



# Iván Chocrón

Educator, Consultant, & Coach  
in Healing, Human Relations, and Conscious Leadership



Bridging the gap between science and  
spirit through a grounded and  
approachable healing methodology.

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# Introducing Iván Chocrón

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For over a decade, Iván Chocrón has used his grounded and relatable methodologies to assist individuals from all walks of life, ranging from addicts to CEOs, in jumpstarting their healing journey or taking it to the next level. He derives immense satisfaction from resolving the most complex cases and has rarely encountered an issue he couldn't help resolve. Leading a global community of thousands of people, Iván organizes retreats across the world, collaborates with both individuals and groups, and speaks to the importance of deep self-work and healing.



On a global scale, Ivan's work has enabled his community members to find inner peace, liberate themselves from obstacles, heal from past traumas, and create the kind of world and lifestyle they truly desire. Additionally, he helps them release the need to solely focus on goals and encourages them to find joy in the process and journey of life and work. Iván used his experiences in settings with unsafe shamans as inspiration to change the narrative and deliver a different message. He saw how the mindsets and spaces created by negligent practitioners can hinder the potential for healing even when they promise to support it.



Through his extensive knowledge of psychology, science, and spirituality, in combination with genuine human connection, Iván has developed a methodology that is effective at helping people shift into consciousness from unawareness. He firmly believes that through this process, people can identify and address their unhealthy patterns and traumas, thereby processing, healing, and releasing them to create space for a more joyful journey through life.



Iván places great emphasis on the importance of doing healing work in a relatable way, which means each person feels this kind of work is meeting them exactly where they are. In combination with genuine human connection, he helps people see that they are not alone on their journey and assists them in recognizing their stuck emotions, patterns and traumas so that they can release and heal them. He also helps people realize that they can let go of shame and embrace their shadows. In this way, people can be with themselves with more kindness and acceptance.

“Healing work is the most important thing anyone can do for themselves and the world around them.” *Iván Chocrón*





“ Healing work allows you to become friends with your past so that you can welcome what’s next with ease. It is the most important thing anyone can do for themselves and the world around them. ”

*Irán Chocrón*

# A Global Mission

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Iván Chocrón is a captivating inspirational speaker who passionately shares his philosophy of grounded, relatable healing and conscious use of plant medicine. As a highly regarded thought leader, he skillfully bridges the realms of science and spirituality to make the concept of healing accessible to a diverse global audience. By grounding his messages in relatable terms, Iván is able to resonate with individuals from all backgrounds. His unique approach invites people into a space of heightened self awareness, serving as a catalyst for transformative inner work. With a thriving global community, Iván offers wide range of services, including leadership consulting and executive team building, transformative retreats, and personalized coaching.



# Pillars of Philosophy

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## Science & Spirit

Bridging the worlds of science & spirit creates accessible healing through human connection and a scientific knowledge of ancestral medicine.



## Real Healing is Real

This might sound obvious, but is it? If we truly knew that we could heal, why would we decide to numb our pain? True healing is possible and there are accessible ways to get there.



## Relatability

Meeting people where they are at with a rational and grounded approach suitable for the modern western mind is key for everyone to feel that healing work is also meant for them.



## Inner Gift

Every person has unique gifts, but few are aware of them until they heal their wounds. As people walk the path of healing they begin discovering and embodying their gifts, which brings a great sense of purpose and enthusiasm for life.



# Methodology

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## Education

Education is a key component of Iván's approach in every service. Through Youtube, Podcasts, Speaking, and Retreats, Iván builds up his audience's knowledge and understanding about what real healing encompasses. Learning about the importance and depth of real healing and how to properly go through a healing process, one can have those incredible ah-ha moments of insights and breakthroughs that helps set the stage for deeper emotional processing throughout their healing journey.

## Emotional Processing

Iván uses his knowledge of psychology, his ability to intuitively understand how to resolve life's personal challenges, and his decade of experience working in healing retreats to help people process and heal their trauma while releasing their stuck emotions. Many people who have experienced emotional processing with Iván have called it one of the most meaningful moments of their life.

## Retreats

Iván's private retreats fuse his philosophies and lessons from his years of experience leading 500+ healing events. His retreats are thoughtfully crafted to provide experiences and elements that are perfectly suited to connect with the modern western mind. Through these retreats, thousands of people have freed themselves from critical physical and psychological diseases, released stress and trauma, and became a version of themselves they always wanted to be.



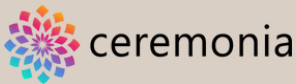
# In The Media

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## Recent Experiences



The Science of Psychedelics & Spiritual Medicine Conference  
April 28-30th 2023 | Phoenix AZ  
Website: [www.thescienceofpsychedelics.com](http://www.thescienceofpsychedelics.com)



Interview with Founder of Ceremonia.org, Austin Mao  
Spring 2023 | Colorado  
Website: [www.ceremoniacircle.org](http://www.ceremoniacircle.org)  
\*Video interview coming soon.

## Podcasts



Deepen with Christina: Episode 113  
Expanding Consciousness with Iván Chocrón  
Website: <https://open.spotify.com/episode/0YfB4SNrI7izMnzmVTrorR>



Mark J Silverman: Episode 017 I Part 1  
Ayahuasca, Psychedelics And Healing Our Deepest Wounds  
Website: [www.marksilverman.com/podcast-all/ayahuasca-psychedelics-and-healing-our-deepest-wounds](http://www.marksilverman.com/podcast-all/ayahuasca-psychedelics-and-healing-our-deepest-wounds)

Mark J Silverman: Episode 017 I Part 2  
Marijuana & The Elephant in the Room  
Website: [www.marksilverman.com/podcast-all/marijuana-and-the-elephant-in-the-room](http://www.marksilverman.com/podcast-all/marijuana-and-the-elephant-in-the-room)



Listen Hunnay with Jeannie Mai: 01.20.2020  
Debunking The Myths of Ayahuasca  
Website: <https://podcast.app/debunking-the-myths-of-ayahuasca-e83981965/>

You can access more Recent Features [here](#).

# Contact

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## Services

Please contact directly for current availability:

- Public Speaking and Education
- Leadership Coaching and Consulting
- Integration Support
- Retreats



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